



**ELIZABETH LIEBERT**

## THE WAY OF DISCERNMENT: SPIRITUAL PRACTICES FOR DECISION MAKING

*“Discernment...is the process of intentionally becoming aware of how God is present, active and calling us as individuals and communities so that we can respond with increasingly greater faithfulness.”*



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Here are some questions from Liebert's's book that you can ask yourself:

1. When thinking about making good decisions, do you veer towards reason and facts or intuition and gut feelings? What are the gifts that each approach has to offer?

2. Liebert believes that we grow in the gift of discernment so “nothing is wasted – neither success nor failure, happiness nor grief, faith nor doubt...because God is present in all.”

When did you decide to do something that you felt you were led towards and it didn't work out? What happened? What can you glean that could be helpful going forward? (Ch. 1. P.9).

