



THOMAS MOORE

A LIFE AT WORK: THE JOY OF DISCOVERING WHAT YOU WERE BORN TO DO

"A calling is a sensation or intuition that life wants something from you. It can give meaning to the smallest acts and helps create a strong identity"

Here are some questions from Moore's book that you can ask yourself:



1. Moore devotes a chapter to chaos, inviting us to consider its treasures and possibilities. He says that "in failing, we get to know new territory. We're forced to consider options that we never had to imagine before because everything was settled and the future clear." (Ch. 5, p.71).

2. Finding your life's work is not just about you but "service to a needy world." (Ch.10, p.152). Even the most solitary person is "profoundly connected to the world in which they live and work." (Ch 5, p.151).

Choose one thing that you are good at and/or are interested in and/or care about. For example, perhaps you come alive when you are woodworking or you get emotional whenever you hear stories about neglected elderly people. Explore how this particular thing may be a call to service.

Think of a time when you experienced failure. What opportunities emerged? What did you learn through the time of chaos? How can you apply this learning to finding your life's work?

